













Print the page and cut into individual strips. Glue them to cardstock or construction paper and laminate. The cards can be carried on a ring and used with the first/then board. After Student chooses her reward, she can put stickers on the strip to help her see how close she is getting to the reward. Stickers can also be removed by staff if Student's behavior is not appropriate.







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gym 	gym 	gym 	gym 	gym 	gym 
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walk 	walk 	walk 	walk 	walk 	walk 
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goldfish 	goldfish 	goldfish 	goldfish 	goldfish 	goldfish 
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spin in chair 	spin in chair 	spin in chair 	spin in chair 	spin in chair 	spin in chair 
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iPad 	iPad 	iPad 	iPad 	iPad 	iPad 
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